

## "MEDITATION" VISA REQUIREMENT

1. One (1) completed application form with 2 photos (one for application form & one for visa)
2. One (1) completed "Work History" form.
3. Sponsor letter from the Meditation Center/Monastery /Venerable Sayadaw in Myanmar  
( Sponsor letter should be original included with registration no. and issue date.  
Photo copy is not accepted.
4. Letter addressed to the Ambassador  
( Undertaking letter : Make mention of not to perform other than religious matters )
5. Biography
6. Payment of **US\$ 30** (US\$ Thirty only) per applicant for meditation visa fee: payable to Myanmar Embassy in official cheque or money order only.  
(Payment arranged through Credit Card/Personal cheque/cash is not accepted )
7. Prepaid Self-Addressed **FedEx's Return** Envelope.
8. Original Passport (Passport of at least **6 months validity** with available visa pages)

**N.B. :** Myanmar Embassy assumes no responsibility for any delay or loss in the mail, or while the documents are in the custody of the courier services. The applicant shall note the tracking numbers of all envelopes used and submitted.  
( • Applicant can choose any mail service • Avoid use of P.O. Box mailing address )

## MEDITATION VISA INFORMATION

- Meditation Visa is valid for 3 months stay
- Visa is valid for (3) months from the date of issue.

## VISA HOURS

|                              |                                   |                               |
|------------------------------|-----------------------------------|-------------------------------|
| <b>MORNING (09:30-12:00)</b> | <b>LUNCH TIME (12:00 - 13:00)</b> | <b>EVENING (13:00 -17:00)</b> |
|------------------------------|-----------------------------------|-------------------------------|

## VISA PROCESSING TIME

- Approximately **(6) business days.**

## Photography Guide

- The photograph must have been taken within the last six months
- The photograph should be in color and must be taken against a white or off-white background.
- Side or angled views are NOT accepted.
- The photograph for each visa applicant must be an unmounted, full face photo.
- Photo Size : The photo for each visa applicant submitted must measure: 35mm X 45mm
- Photo Appearance: The photograph must be a full-face view in which the visa applicant is facing the camera directly.
- Digital Photos: Digitally reproduced photographs must be reproduced without discernible pixels or dot patterns.

Photo copied photographs is NOT accepted.

Visa is valid for 3-months from the date of issue

DIRECTORATE OF IMMIGRATION AND NATIONAL REGISTRATION  
IMMIGRATION DEPARTMENT

**APPLICATION FOR ENTRY VISA (MEDITATION)**  
(STUDY OF THE THERAVADA BUDDHISM)

1. Name in Full ( Fill in Block Letters)

----- / ----- / -----  
( First Name ) ( Middle Name ) ( Last Name )

2. Father's Full Name: ----- / ----- / -----

3. Date of Birth(dd/mm/yyyy): \_\_\_ / \_\_\_ / \_\_\_\_\_

4. Place of Birth (City / State / Country): ----- / ----- / -----

(Official Name : Country is Myanmar , City is Yangon )

5. Nationality:  US /  Others: ----- Sex  (F) /  (M)

6. Present Occupation: -----

(If retired write "retired", if student write "student", If self employ : mention specifically )

7. Marital Status:  Married  Single (Never Married)  Widowed  Divorced  Separated

8. Spouse's Full Name: -----



**Passport**

9. (a) Number ----- (b) Date of Issue (dd/mm/yyyy) \_\_\_ / \_\_\_ / \_\_\_\_\_

(c) Place of issue : ----- (d) Issuing Authority: -----

United States, -----

United States, Department of State /

Other: -----

National Passport Centre /

(e) Date of expiration (dd/mm/yyyy) \_\_\_ / \_\_\_ / \_\_\_\_\_  (If others): -----

10. Present Address in U.S. -----

(Include apartment number, street, city, state or province & postal zone)

11. Contact Phn. No. (Res.) ( \_\_\_ ) ----- (Work) ( \_\_\_ ) ----- e-mail: -----

12. Address in Myanmar: -----

13. Have you ever been to Myanmar:  Yes  No. (If Yes) Date of Last Visit to Myanmar (dd/mm/yyyy): \_\_\_ / \_\_\_ / \_\_\_\_\_

14. Have you ever been refused to enter Myanmar:  Yes  No. (If Yes) When: (dd/mm/yyyy): \_\_\_ / \_\_\_ / \_\_\_\_\_

Why: -----

15. Expected dt. of Arrival (dd/mm/yyyy) (ETA- Myn.): \_\_\_ / \_\_\_ / \_\_\_\_\_ Flight No. ( )

Expected dt. of Departure (dd/mm/yyyy) (ETD- Myn.): \_\_\_ / \_\_\_ / \_\_\_\_\_ Flight No. ( )

16. Name and Address of Guarantor during stay in Myanmar -----

17. **Attention for Applicant:**

(a) Apart from the professions mentioned this visa application form applicants are not to engage in any sort of work, with or without charges.

(b) Applicant shall abide by the Laws of the Union of Myanmar and shall not interfere in the Internal Affairs of the Union of Myanmar.

(c) Legal action will be taken against those who violate or contravene any provision of the existing laws, rules and regulations of the Union of Myanmar.

**I hereby declare that I fully understand the above mentioned conditions, that the particulars given above are true and correct and that I will not engage in any activities irrelevant to the purpose of entry stated herein.**

Date (dd/mm/yyyy) : \_\_\_ / \_\_\_ / \_\_\_\_\_

Signature of Applicant

**(FOR OFFICE USE ONLY)**

Visa No. ----- Date: -----

Visa Authority: MOFA Lt. No. 46 11 11 (66) Dated : 26 January 1993

- (If ohter) MOFA Lt. No. ----- Dated: \_\_\_ / \_\_\_ / \_\_\_\_\_

Signature of Officer in-Charge

**Embassy of the Union of Myanmar , WashingtonD.C., U.S.A**

Embassy of the Union of Myanmar  
Washington D.C.  
Work History for Visa Applicant

1. Name in Full : \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_  
(Fill in Block Letters)      First Name                      Middle Name                      Last Name

2. Date of birth (dd/mm/yyyy): \_\_/\_\_/\_\_\_\_

3. Place of birth:  U.S., \_\_\_\_\_  (Other): \_\_\_\_\_

4. Permanent Home Address: \_\_\_\_\_  
\_\_\_\_\_

5. Tel. (Res.) (    ) \_\_\_\_\_ (Work Place) (    ) \_\_\_\_\_  
e-mail: \_\_\_\_\_

6. Work Description (**Current**)

(a) Job Title : \_\_\_\_\_  
From (dd/mm/yyyy): \_\_/\_\_/\_\_\_\_ - To (dd/mm/yyyy): \_\_/\_\_/\_\_\_\_

(b) Office \_\_\_\_\_  
Section \_\_\_\_\_  
Division \_\_\_\_\_  
Describe your Duties: \_\_\_\_\_  
\_\_\_\_\_

7. Work Description (**Previous**)

(a) Job Title : \_\_\_\_\_  
From (dd/mm/yyyy): \_\_/\_\_/\_\_\_\_ - To (dd/mm/yyyy): \_\_/\_\_/\_\_\_\_

(b) Office \_\_\_\_\_  
Section \_\_\_\_\_  
Division \_\_\_\_\_  
Describe your Duties: \_\_\_\_\_  
\_\_\_\_\_

I hereby declare that the particulars given above are true and correct and that I will not engage in any activities irrelevant to the purpose of my entry.

\_\_\_\_\_  
Signature of Applicant  
Date:(dd/mm/yyyy): \_\_/\_\_/\_\_\_\_

To

Ambassador  
Embassy of the Union of Myanmar  
Washington D.C.

Date:

I , \_\_\_\_\_ will not engage in any activities than religious matters and the sole purpose of my trip is to attend meditation retreat at \_\_\_\_\_ . I will remain at the Meditation Centre for the entire duration of Meditation Visa.

Signature : \_\_\_\_\_

Name : \_\_\_\_\_

Passport No. : \_\_\_\_\_



သို့

သံအမတ်ကြီး  
မြန်မာသံရုံး  
ဝါရှင်တန်ဒီစီ

ရက်စွဲ ၊ \_\_\_ / \_\_\_ / \_\_\_\_\_

အကြောင်းအရာ ။ **တရားအားထုတ်ခွင့်ဗီဇာ ( Meditation Visa ) လျှောက်ထားခြင်း**

၁။ ကျွန်တော်/ကျွန်မသည် ၊ မြန်မာနိုင်ငံတွင်မွေးဖွားခဲ့သူဖြစ်ပြီး ၊ \_\_\_\_\_ ခုနှစ်တွင် ၊ အမေရိကန်နိုင်ငံသို့ ရောက်ရှိခဲ့ကာ ၊ \_\_\_\_\_ ခုနှစ်တွင် ၊ အမေရိကန်နိုင်ငံသားအဖြစ် ပြောင်းလဲခံယူခဲ့ပါသည်။

၂။ ကျွန်တော်/ကျွန်မ မြန်မာနိုင်ငံရှိ \_\_\_\_\_ တရားစခန်း၌ တရားအားထုတ်ရန် သွားရောက်ခြင်းဖြစ်ပါသည်။ မြန်မာနိုင်ငံ၌ နိုင်ငံရေးလှုပ်ရှားမှုများတွင် ပါဝင်ပတ်သက်မည် မဟုတ်ကြောင်းခံဝန်ကတိပြုပါသည်။

၃။ သို့ဖြစ်ပါ၍ ၊ ကျွန်တော် / ကျွန်မအား တရားအားထုတ်ခွင့်ဗီဇာ ( Meditation Visa)အား ဝါရှင်တန်ဒီစီ၊ မြန်မာသံရုံးမှတစ်ဆင့်၊ သက်ဆိုင်ရာသို့လျှောက်ထားခွင့်ပြုပါရန် အောက်ဖော်ပြပါစာရွက်စာတမ်းများနှင့်အတူ တင်ပြ လျှောက်ထားပါသည် -

- (က) 35mm X 45mm ရောင်စုံဓါတ်ပုံကပ်ထားသည့် ဖြည့်စွက်ပြီး Visa Form (3) set
- (ခ) 35mm X 45mm ရောင်စုံဓါတ်ပုံကပ်ထားသည့် ဖြည့်စွက်ပြီး Report of Arrival (1)
- (ဂ) အလုပ်ကိုင်ခဲ့သည့်လုပ်ငန်းရာဇဝင်အကျဉ်းချုပ် (Work History)-(1)
- (င) သက်ဆိုင်ရာတရားစခန်း၏ ထောက်ခံချက်
- (စ) Meditation Visa ကျသင့်ငွေ Money Order ( US \$ 30 )
- (ဆ) ပြန်လည်ပေးပို့ရန် စရိတ်ကျခံပြီး စာအိပ် (Prepaid Envelope- FedEx Standard Overnight Service) (အမှတ်စဉ် (စ) နှင့် (ဆ) အား ခွင့်ပြုမိန့်ကျသည့်အခါ ထပ်မံပေးပို့ပါမည်။)

လေးစားစွာဖြင့်  
-----  
( လက် မှတ် )

အမည် ၊ \_\_\_\_\_  
နိုင်ငံကူးလက်မှတ်အမှတ် ၊ \_\_\_\_\_ ၊ ထုတ်ပေးရက်စွဲ ၊ \_\_\_\_\_  
တယ်လီဖုန်းနံပါတ် ၊ \_\_\_\_\_ ၊ ဆက်သွယ်နိုင်မည့် e-mail: \_\_\_\_\_  
နေရပ်လိပ်စာ၊ \_\_\_\_\_

(မှတ်ချက်) ။ - နိုင်ငံကူးလက်မှတ်နှင့်တွဲထားသည့် ဖြည့်စွက်ထားသော Meditation ဗီဇာပုံစံအားမိတ္တူ (၃)စုံခန့်ကူးပြီးမိမိနှင့်အတူ ဆောင်ထားသင့်ပါသည်။